



**SMOKE FREE TOBACCO FREE
CAMPUS
WMHI WORKGROUP**

MINUTES: 2-17-05

MEMBERS PRESENT: Connie Hannemann, Mike Hart, Marla Hill, Mike Leuthold, Joann O'Connor, Larry Schomer, Ben Eggum, Mary Nitz, Rita Kennedy

Absent: Ronecka Baker, William K., Reid W., Diane Shaw, Sharon Haberkorn, Jennifer Rew, Karen Wright, Jeff Manning, Larry Launtenschlager

Mission: Develop a plan for making WMHI a tobacco-free campus.

Tidbit: for every pack of cigarettes sold, there is \$7.18 in health care cost.

Introductions and a warm welcome to Dr. Chona Arong, the newest member of this work group.

1. Review minutes from 2-10-2005

Hard copy available. A network site has been set up for workgroup members on the L: drive entitled: Tobacco Free. The site includes the membership roster, minutes, agendas, and other relevant information.

2. Review updated Gantt Chart on timeline – Joann

Joann handed out an updated Gantt chart based on the information generated from the last meeting. Each major component was identified along with what some of the elements in achieving that component might be. For example, the segment on Unit Activities was explored. Many programs already exist and we should tap into those. Other discussion items included identifying patients who wish to stop, incorporating smoking cessation into Mall activities, and developing individual plans for patients.

3. View the CTRI Video

Video is from the Center for Tobacco Research and Intervention (www.ctri.wisc.edu) and is an excellent 20-minute overview including several examples of both effective and ineffective interventions that clinicians can use.

4. Review Chart by Mike to identify which programs we will use

Mike Hart prepared a chart summarizing the key factors of several programs available, including what the program provided, contact names and numbers, cost,

what the programs provide, etc. This information will be reformatted for publication to the patients and staff.

5. Identify trainers for train the trainers program

Joann has sent out an email to Service and Unit Directors regarding recommendations for peer counselors. It is hoped to have one peer counselor for every unit for every shift. Joann circulated the current list and noted that Sherman Units and Management Services along with other non-clinical areas have few identified to date. Follow-up to be done to get these spots filled.

6. Begin to identify who will do what by when for the activities listed in MARCH.

The suggestion of using the Big Event date as an official quit date was discussed. The work group concluded that the Big Event could publicize the fact that WMHI was going tobacco free, but that this really wasn't a good quit date. For the time being, it was decided to go with the State mandate date of October 3, 2005. However, there are patients and staff, who wish to quit smoking long before that, which is good. Part of an effective program as identified in the video, is to do individual plans for smoking cessation. Smokers may have had a number of attempts to quit smoking, learning from each experience. Also, if there are some smokers who have quit successfully, before the official quit date, they will serve as positive reinforcement and support for those who choose to wait. The Oct. 3 date is final. Up to that date people will still have an opportunity for choice, which psychologically is beneficial.

Being out of time, the meeting was adjourned.

Next Meeting:

Date: March 10

Time: 10:00 – 11:00

Place: Winnebago Room

Task List:

- Continue identifying peer counselors; Marla to take up at next Management Services meeting
- Take note of videos or movies that could be shown on the facility TV channel
- Dr. Arong to work with Medical Staff on medication protocols
- Continue to compile list of issues to be addressed